



**BLS**  
**WORLD SCHOOL**  
विद्या सर्वार्थ सिद्धये | EDUCATION FOR LIFE  
SECTOR 16, GREATER NOIDA WEST. (U.P)

# Summer Holiday Homework Nursery

**A little study, A little play...**

**Enjoy your vacation in a fruitful way!**

Dear Parents,

Summer holidays are the time of the year when you get an opportunity to spend the maximum time with your child. Summer vacation is a welcome break. Freedom brings more responsibility, so keeping this in mind; we have planned most of the activities to keep the children engaged and also help them to learn through first-hand experience. Parents will make their wards aware about Home Care & Precautions to tackle Coronavirus. Kindly help and guide your child in completing your wards work and also exploring his/her creative self. Make sure your ward revises all the work done so far in English (I, L, T, E, F, H), jolly phonics sounds, Maths & EVS.



Dear Children,

Let's try to be independent during this summer break by developing fine motor skills.

Fine motor skill activities are a great help when it comes to develop your writing. These activities focus on motor skill development of small muscle movements, usually involving fingers, thumb, hand and wrist movements.

**Here are some activities which can be included in your daily curriculum, which will help you refine your pincer grasp:**

- Button up your shirt.
- Put on your socks and shoes.
- Open and close a zipper lock of your bag.
- Tear a chapatti and eat your meal on your own.
- Squeeze and relax your hands and enjoy.
- Take some clothes clip and a box. Squeeze the clips and clip them on the edges of a box on your own.
- Take a larger nut and bolt, use your fingers and wrist to twist the metal nut onto the bolt.
- Try to tie your shoe lace.
- Take an eyedropper, fill it with colours and squeeze different colours in a bowl.
- Dig your hands into clay/Aata dough, use your hand and wrist muscles playing with it.



## **MAKE YOUR HOME A PLACE FOR READING**

Here are some tips to help parents of young children to promote reading at home.

- Choose a reading time for your child, as in before a nap, bedtime, or after dinner.
- Select an age appropriate book for your child.
- Hold the book so that she or he can see the pictures. If possible, also let her or him turn the pages.
- Take time to look at and talk about the pictures. Don't just read the story: talk about it.
- Let your child point out the letters, shapes, colours and animals.
- Invite your child to read with you.
- Create a cosy corner for your wards to develop interest in books.



## Activity 1

### A) Smiley Sandwich - Father's Day special (21'st June)

Ingredients required:

Sandwich Bread - White/brown - 2 slices  
Carrot - 4 tbsp grated & carrot slice or ketchup  
Cucumber- 4 slice  
Butter - as required  
Cheese Slice - 1  
Salt - as required  
Pepper - as required  
Olives – (optional)



Step 1 – Cut the bread in circle shape.

Step 2- Spread the butter on bread.

Step 3- Now place the cucumber slice on it.

Step 4- Spread salt and pepper according to the taste.

Step 5- Now place the cheese slice and cover it with another piece of bread.

Step 6 – Now make eyes with cucumber slices and mouth with semicircle carrot slice/ketchup and hair with grated carrot.

Step 7 – Additionally place olives on the two cucumber slices to make them look like eyes.

### B) DIY Origami Paper Tie – Father's Day Special (21'st June)

Step 1 – Take any square sized sheet

Step 2 – Follow the steps given in the link: <https://youtu.be/dkcnpzKpaHE>



## Activity 2

### International Yoga Day – 21'st June

Material required – Mats

#### **Instruction:**

- **COBRA POSE:** Lie down on the yoga mat on the tummy, with hands near chest. Push upwards into a backbend. When back is arched, make a loud hissing noise like a snake.



- **EASY POSE:** Sit upright on a mat with legs crossed and rest the hands on the knees with palm facing upward.

Try to keep head, neck, and spine aligned and balanced.

Straighten up the spine without stiffing the neck.



- **TREE POSE:** Sit on the ground and join the soles of the feet and spread the knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.



- **BOW POSE:** Lie on your tummy with your hands on the sides of your body, palms facing upward. Now exhale, bending your knees. Stretch out your hands to your back and try to take hold of your ankles. Now inhaling, raise your heels towards the ceiling, so that the thighs are lifted away from the floor. This would also make your chest lift away from the floor.



## Activity 3

### My New Friend



Step 1- Take a cooldrink bottle and cut it from below.

Step 2 – Decorate the bottle by making eyes (googly eyes) and nose with coldrink bottle’s cap.

Step 3- Place some mud in it.

Step 4 – Plant a sapling in it.

Step 5- Water it every day.

**Note** - Let your child observe how it is growing so that he/she can discuss it in the class.

## Activity 4

### Fine Motor Development

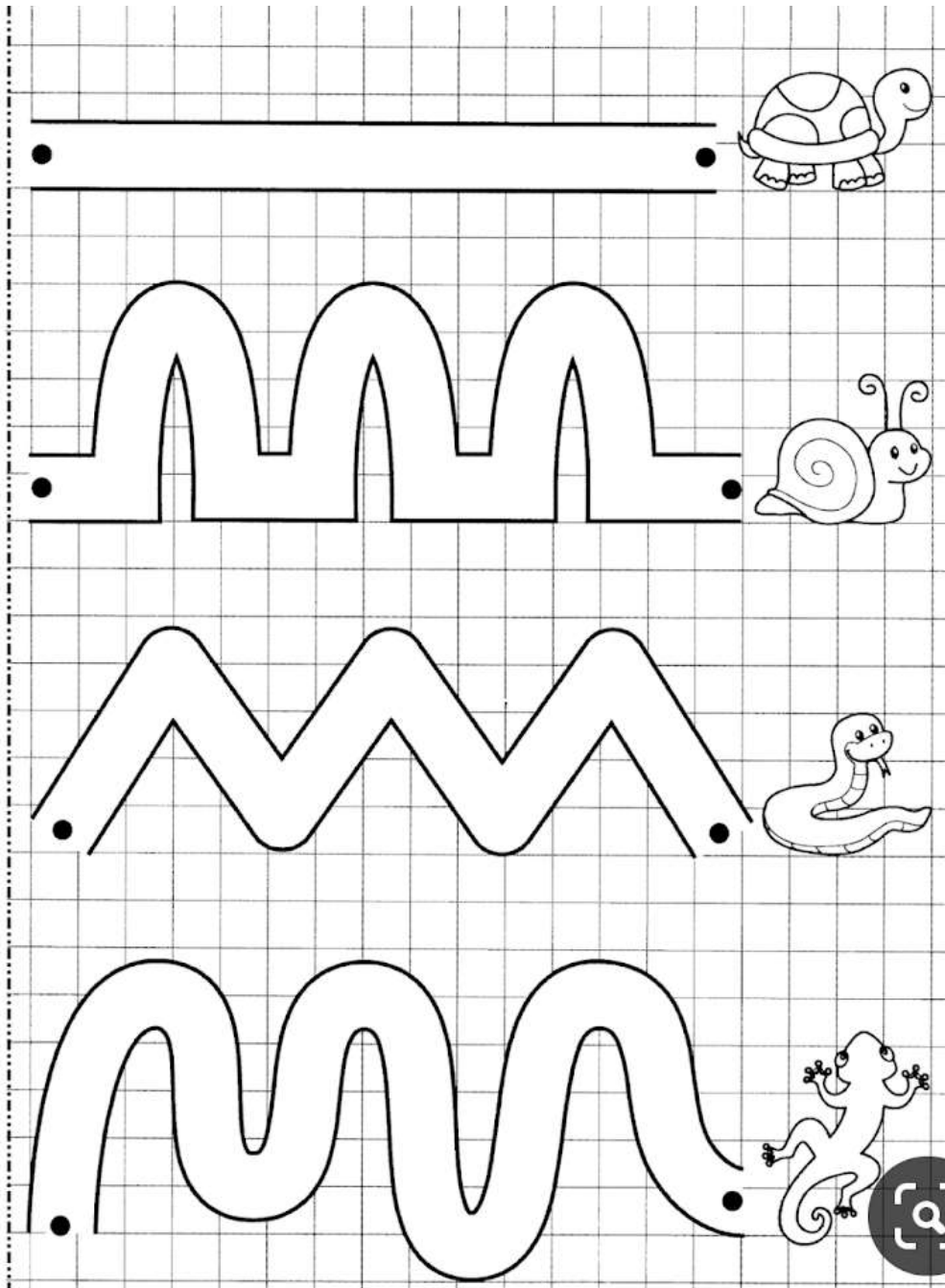
Step - 1: Mix a handful Rajma, chana and Lobia and ask your child to separate it using tweezers.

Step – 2: Scribbling, colouring, mashing potatoes, rolling chapattis, clay moulding, sand play, bursting bubble paper, tearing pasting, pegging the clothes, watering plants with spray bottles.



## Activity 5

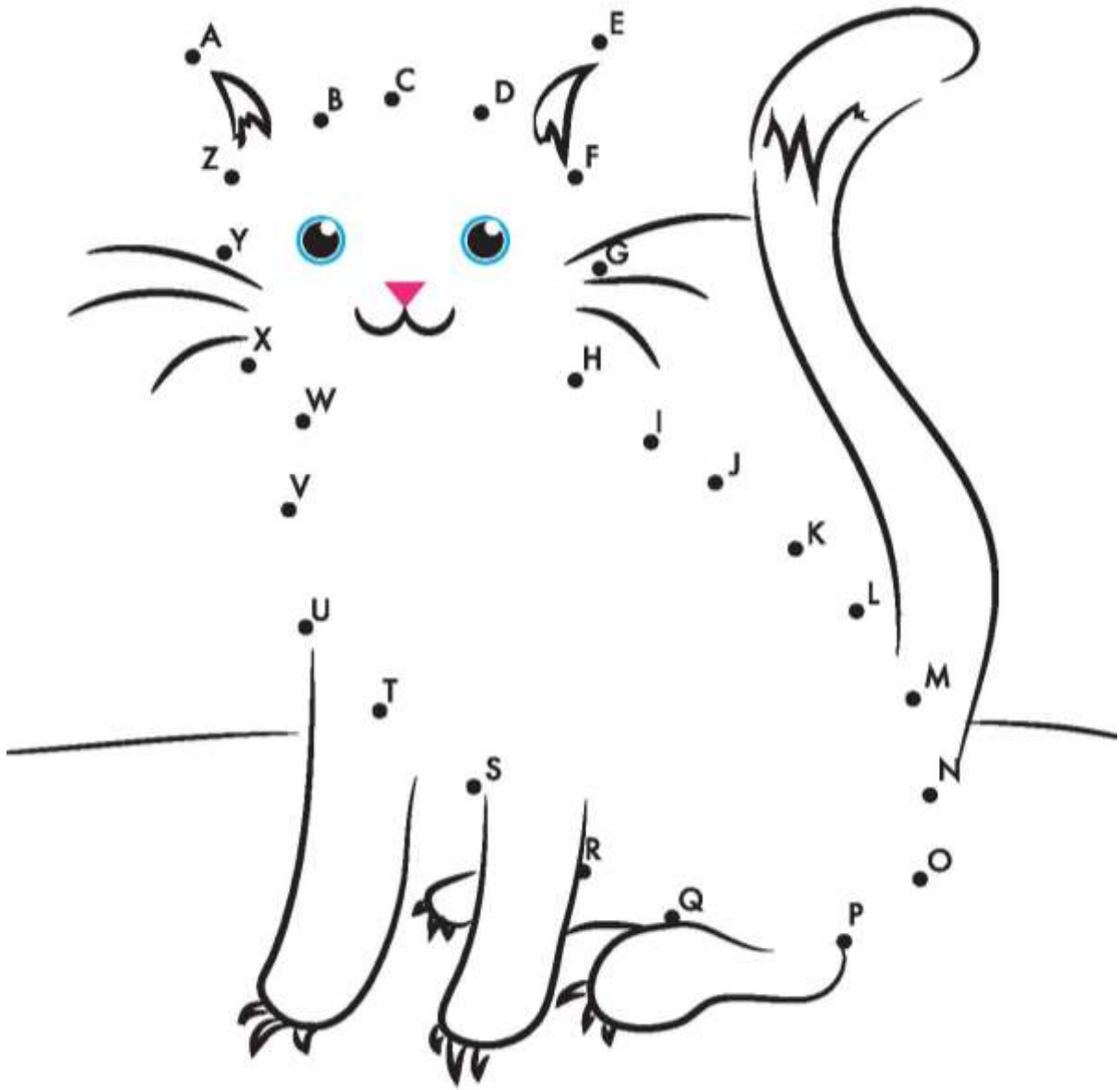
Complete the following maze:





## Activity 6

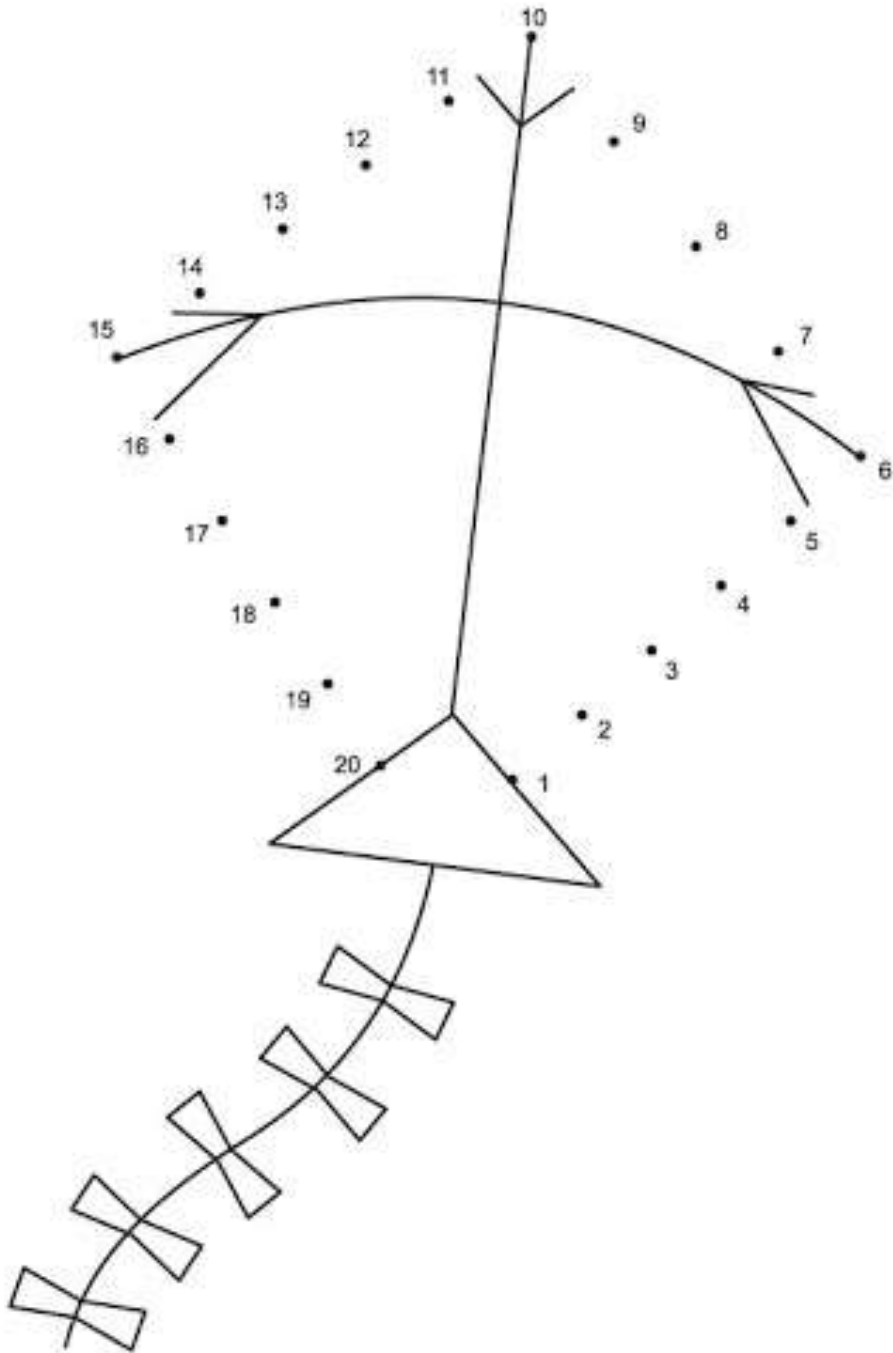
Connect the Alphabets from A – Z & Colour





## Activity 7

Connect the Numbers from 1 – 20 & Colour



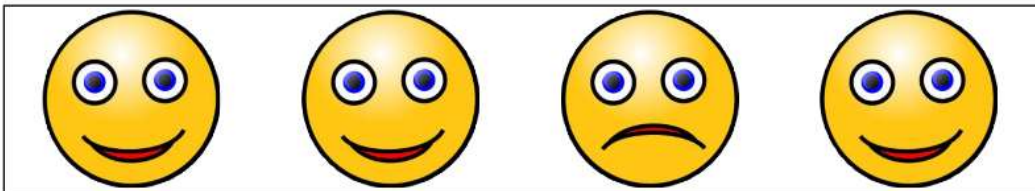
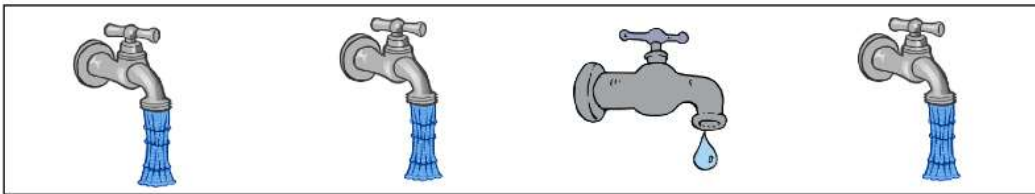
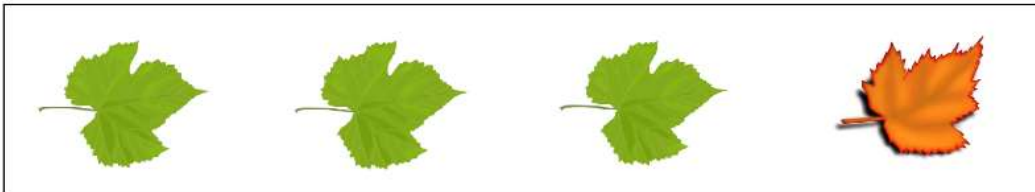
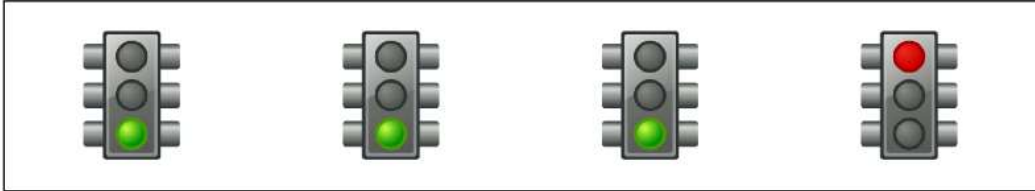
## Activity 8

### Logical Thinking – Picture Matching



## Activity 9

Logical Thinking – Pick the Odd one out



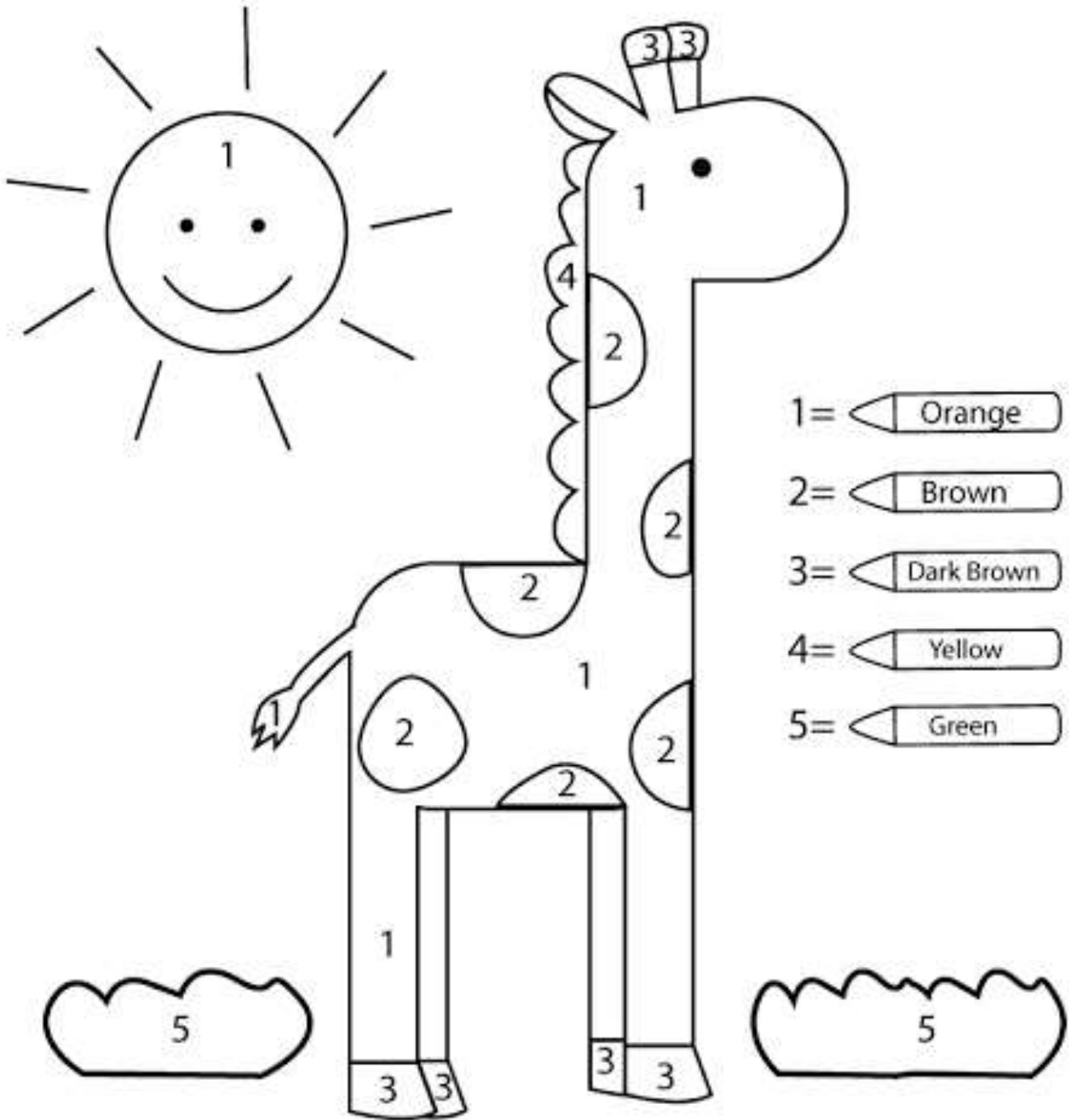
## Activity 10

Logical Thinking – Match the things which get along



# Activity 11

## Colouring Worksheet



## Activity 12

### Keeping Hands Clean

Handwashing is one of the best ways to protect yourself and your family from getting sick. Learn when and how you should wash your hands to stay healthy.



WATER AND SOAP



PALM TO PALM



BETWEEN FINGERS



FOCUS ON THUMBS



BACK OF HANDS



FOCUS ON WRISTS

